

Hot and Sour Brussels Sprouts Executive Chef Russell LaCasce

Brussels Sprouts

- 1 qt. Brussels sprouts, washed and halved
- 1 oz. Blended oil
- .5 cup Hot and sour glaze
- to taste Salt and pepper

Hot and Sour Glaze

- 6 cups Gochujang red chili paste
- 1 cup Sugar
- 1 cup Rice wine vinegar
- 1 cup Hot Water
- 1 Tbls. Ginger
- 1 Tbls . Garlic

Toss brussels sprouts with oil, salt and pepper and roast in 400-degree oven for 12 minutes. On the stove, place a medium size pan and heat. Once hot sauté roasted brussels for 1 minute and then add hot and sour glaze. Cook for another 2 minutes and pour contents in a serving bowl. Bon appétit!